

n e w s

news from the trunk

Campaign for a Greener Khartoum

Thursday, August 26th 2010

A Letter from the Superintendent, Greg Hughes

One of the key areas of growth that we foster within our students at Khartoum American School is in the realm of global citizenship. While this is a multi-dimensional concept the desire to have all of our students being not only good members of society, but caring, thoughtful people who in one way or another contribute towards making the world a better place is certainly a goal worth aspiring towards.

On this point our school is definitely a “Green School” both in terms of our physical appearance and in our desire to tackle environmental issues and to instill within our students ideals that will make them think about the environment and other conservation issues. Khartoum American School is definitely an oasis in Khartoum and our lush green campus is the result of many years of hard work from our wonderful support staff. Not only do we have a green house facility that is continually adding to the beauty of our school, we have donated thousands of trees in the past few years to the local community and we have shown a solid resolve to try and make Khartoum a greener city.

Our “Campaign for a Greener Khartoum” has seen many new initiatives spring up, from the giving out of reusable shopping bags through to the distribution of water bottles to each student in the school. By focusing on the reuse of items we have dramatically cut down on our school waste and in turn allowed our students the opportunity to see how they too can make a difference regardless of how small their contribution.

In the classroom many of our teachers are initiating activities with environmental themes including the production of sculptures using recycled drink bottles and other projects using waste paper. It is our intention to join many global initiatives that support the environment and hopefully a great deal of the good work taking place here in Khartoum American School will become a part of worldwide projects. We also intend to continue with some of the community service programs initiated last year that also worked to clean up Khartoum and make the city a better place for all of us.

I know that many of our parents share these ideals and visions and in the coming weeks and months we will be asking everyone to join us in finding ways of cutting down our paper consumption such as subscribing to receive these weekly newsletters online etc.

As you know I am very proud of this school on a multitude of fronts, and the fact that our school is so environmentally friendly is just one more area in which we excel here at Khartoum American School.

Swim Team is starting soon

All students ages 8 and older are welcome to join the swim team.

Practices are on Mondays and Wednesdays at the Greek Club from 3:30pm – 4:30pm.

Practices will start September 6th, so get your permission forms from Mrs. Paar.

Thank you

Adult Sports

In case you missed it this week: Adult Sports at Khartoum American School has started! Middle and High School students **must** be with a playing parent in order to participate in the sporting activities.

Same guidelines as last year:

- Non - Khartoum American School members are required to confirm registration at the gate each day and pay 5 sdg and show a photo ID to match the name on the list. This includes all adults, playing or not, and children 12 years of age and older.
- In order to register with the gate an email must be submitted to Mrs. Audrey Paar - apaar@krtams.org.
- All children that are not playing must be supervised - especially on the playground areas.
- Playing areas should be kept trash free.
- Any Khartoum American School students wishing to participate in the activities need to contact Mrs. Paar first.



Weekly Sports at Khartoum American School for Adults

Door opens at 5:30pm, and games start around 6:00pm

Schedule	
Sunday	Volleyball
Monday	Basketball
Tuesday	Ultimate Frisbee
Wednesday	Soccer and Touch Rugby

Basketball Permission Forms

All basketball players must return their permission forms to Mrs. Paar by Sunday, August 29th. Players who have not submitted their forms may not be allowed at practice. Please check with your coaches or the Sport Information Board across from the Kiosk for practice times and dates.

Thank you.

Helping Your Child Succeed

Question: What's the best way for me to stay involved in my child's school activities?

Attend school events. Volunteer at school. Support the Campaign for A Greener Khartoum. Go to sports events and concerts, attend back-to-school night, parent-teacher meetings and the Thursday morning PTA meeting.

Question: What if I don't have time to volunteer as much as I would like?

If work or other commitments make it impossible for you to volunteer in the school, look for ways to help at home.

Even if you can't volunteer to do work at the school, you can help your child learn when you're at home. The key question is, "What can I do at home, easily and in a few minutes a day, to reinforce and extend what the school is doing?" This is the involvement that every family can and must provide.

You can be a great help to your child if you will observe these do's and don'ts:

- Do encourage your child. Praise her for the things that she does well. If your child feels good about herself, she will do her best on a test. Children who are afraid of failing are more likely to become anxious when taking tests and more likely to make mistakes.

- Do meet with your child's teacher as often as possible to discuss his progress. Ask the teacher to suggest activities for you and your child to do at home to help prepare for tests and to improve your child's understanding of schoolwork.

- Do make sure that your child attends school regularly. The more effort and energy your child puts into learning, the more likely it is that he will do well.

- Do provide a quiet, comfortable place for studying at home and make sure that your child is well rested on school days. Children who are tired are less able to pay attention in class.

- Do provide books and magazines for your child to read at home. By reading new materials, a child will learn new words. Ask your child's teacher for lists of books for outside reading or get suggestions from your library.

- Don't get upset because of a single test score. Many things can influence how your child does on a test. She might not have felt well on test day or she might have been too nervous to concentrate. She might have had an argument with a friend before the test or she might have been late to school because the car got caught in traffic. Remember, one test is simply one test.

- Don't place so much emphasis on your child's test scores that you lose sight of her well being. Too much pressure can affect her test performance. In addition, she may come to think that you will only love her if she does well on tests.



The Breakdown

Elementary Schedule	
Period 1	7:20 - 8:10
Period 2	8:12 - 9:02
Break	9:02 - 9:12
Period 3	9:19 - 10:09
Period 4	10:11 - 10:58
Period 5	11:00 - 11:46
Lunch	11:46 - 12:16
Period 6	12:18 - 1:08
Period 7	1:10 - 2:00

Middle School / High School Schedule	
Period 1	7:20 - 8:10
Period 2	8:12 - 9:02
Break	9:02 - 9:17
Period 3	9:19 - 10:09
Period 4 Block	10:11 - 11:26
Lunch	11:26 - 12:16
Period 5	12:18 - 1:08
Period 6	1:10 - 2:00

2010/2011 Academic Calendar

New Teacher Orientation | August 1st - 4th

Teacher Workdays | August 5th - 9th

First Day of School | August 10th

Eid el Fitr Holiday | September 9th - 12th

Fall Break (Eid al Adha) | November 12th - 20th

Winter Break (Western Christmas; New Years; Coptic Christmas) | December 19th 2010 - January 8th 2011

Spring Break | March 10th - 19th

Long Weekend (Coptic and Western Easter; Shem el Nessim) | April 21st - 25th

Last Day of School | May 25th

Graduation | May 26th

Teacher Work Days | May 27th - 29th

Wanted

Administrative Assistant

Substitute Teachers

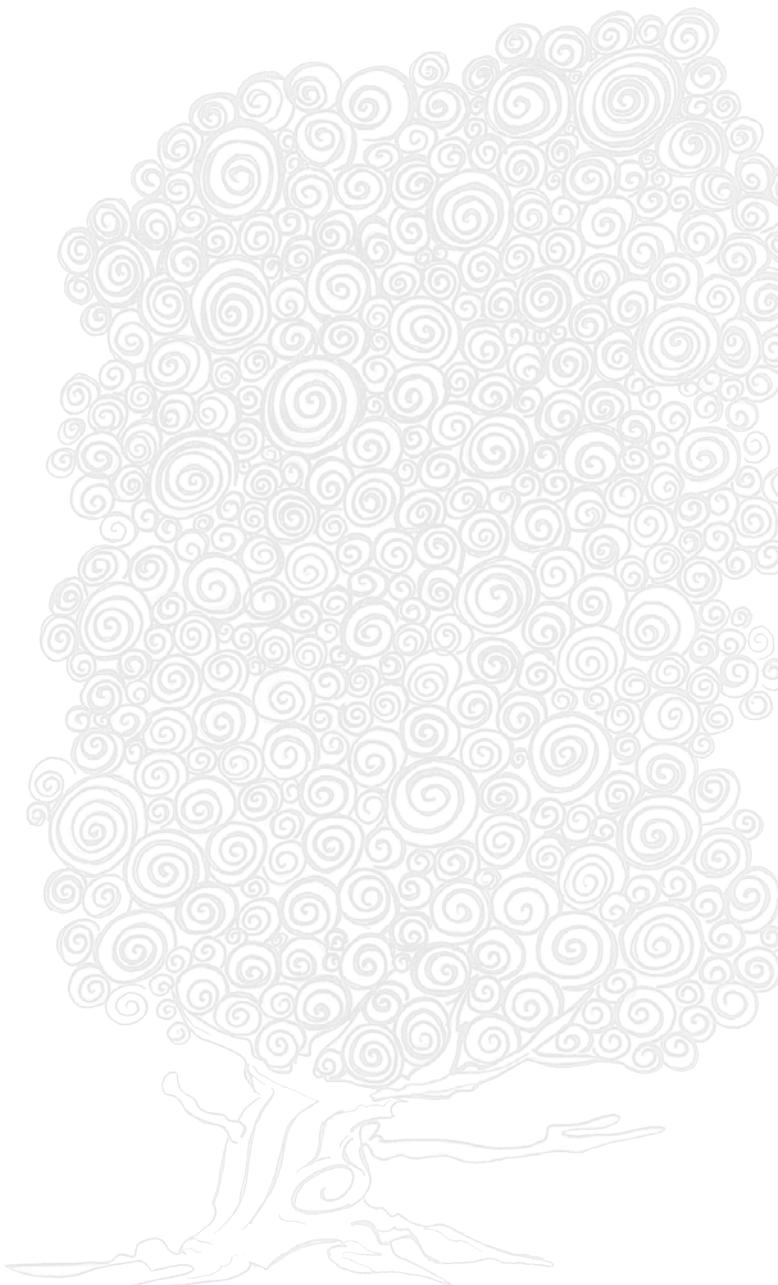
Teaching Assistants

Please submit your curriculum vitae by email to kas@krtams.org. We will only accept applications by email.

Photos by Mr. Brodie | Artwork by M. Hamo

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Please email kas@krtams.org to receive a digital copy of Enews and more information, subject: newsletter.



KAS Supports a Greener Khartoum